CORONA Plateau Mauritius From the Chair Giving back to society....

A key part of the Corona ethic is to give back to less fortunate members of our society. This year our Corona branch dedicated the month of September to this end. Our committee has focussed its giving to support women and children in need, and at our September meeting we invited some of the organisation to whom we give to share with members a little bit about what they do:



MMHA: Mauritius Mental Health Association

Originally a consultation centre for people suffering from mental health problems, in the 1960s MMHA refocussed to cater for the needs of people with intellectual disabilities. Jane Delorie (President) explained that the organisation now operates three centres from their premises in Stanley, Rose Hill; a school catering to around 75 children; a daycare centre for around 35 adults, and most recently a vocational training workshop which will cater for around 30 adults teaching them skills like woodwork, sewing, crafts, etc. Jane encouraged us to become members involved and get www.mauritiusmentalhealth.org

SACIM: Society for Aid to Children Inoperable in Mauritius

Dr Amrit Rajkomar (President) explained the history of the society (founded in 1968) and gave examples of some of the inoperable ailments that have been alleviated through the interventions of SACIM. The society is wholly funded by donations and provides advice, assistance and care for the patient and their family. They maintain close ties with a variety of medical centres around the world including India, South Africa, Australia, France and UK. Their services include assistance with diagnosis. travel, accommodation and meeting the cost of the medical care.

In our September meeting, members were reminded that giving is the point of our Gala Dinner, and there was definitely no shortage of giving for this event. The committee would like to thank each and every member who contributed to the huge success that was our 2019 Gala Dinner. Some of us could not make the event but donated towards the raffle. Others bought raffle tickets even though they were not able to attend. We thank you all for your support.



Your committee before the event hard at work on the set-up







NEWSLETTER

October 2019

www.coronaplateau.org

DATES FOR YOUR DIARY

NEXT MEETING

FRIDAY 18TH October @ 10 am
"BRING A FRIEND" to CORONA day

This year Diwali is on 27th October therefore our Corona meeting falls a bit before the big day. Nonetheless, we thought we could get an early start. So celebrate Diwali with us by bringing along a "taste of India" to share with members. We would also like you to bring along a friend to this meeting.

OCTOBER DAY TRIP

WEDNESDAY 23RD October

Plans are underway for a visit to Ferney Spinning Mill followed by lunch. Please book your place soonest and let us know if you have a suggestion for where we should have the lunch.

NOVEMBER MEETING

FRIDAY 15TH November @ 10am In November we are planning to try something new for Corona meetings. So come along, have some fun, and try your luck at BINGO.

DECEMBER MEETING

FRIDAY 20TH December @ 10am
At this, our final meeting of the year, we ask each of you to bring a celebration dish from your own culture to help us end 2019 in style with a truly international feast. Sticking to tradition, Corona will provide the sherry.

Wishing all those gorgeous ladies who celebrate their special day in October a very lovely day.





Yummy chocolate cake
Our best wishes to Sara and Jane, who celebrated their birthdays in September.
Our thanks to Neesha for baking the lovely cake.

Chocolate & Orange Cake

Grated rind and juice of one orange

Preheat oven to 180. 1 1/2 teaspoon baking powder Prepare 2 cake tines (8") and line with paper. 1 ½ tsp bicarbonate soda Beat together all ingredients except hot water. 85g cocoa powder Ensure mixture is smooth and well combined. ¼ tsp salt Add boiling water a little at a time and beat till 350g caster sugar smooth with each addition. (When all water 2 large eggs added mixture will be very liquid) 200ml milk Split the mixture between 2 cake tins and bake at 125ml sunflower oil 170-180 for about 30 minutes. 2tsp vanilla Leave to cool in tin.

250ml boiling water

Topping: Heat cream and chocolate until chocolate melts. Add orange zest and whisk 200g plain chocolate mixture till smooth, glossy and thick. Cool well 200ml of double cream

before applying to cake.

Orange zest Recipe brought to you by JANE

THE SEPTEMBER RAFFLE

A total of Rs 1150 was raised from our September raffle.

Congratulations to Dawn who won the raffle draw, and our thanks to Fazila who donated the prize.











OUR GALA DINNER



Those who came along to the roof-top of the Palm Hotel in Quatre Bornes to enjoy our evening brought a great attitude. Our ladies (and their escorts) looked so good we opted to have an impromptu competition for the best dressed man and woman. The committee decided Neesha should take the ladies prize although it was not an easy choice as you can see from the pictures. Rosemarie's husband Jacque took the gents prize. We had a multitude of raffle prizes to be won (as many prizes as guests) and we were able to raise a total of Rs 26000 just from the raffle. These funds will go towards supporting the charities selected by the committee.

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